

## Apple Sauce Recipe

This should be done under adult supervision.

### You will need:

- 4 apples
- 2 tablespoons of sugar
- 1/2 cup of water
- 1 teaspoon cinnamon
- 1 mixer

- 🍏 Peel and slice apples into quarters. Put apples in a saucepan with the water.
- 🍏 Cook slowly until soft.
- 🍏 Add sugar and cinnamon and cook about 2 more minutes. Mix well. Enjoy!

### Ideas

Introduce the fraction  $\frac{1}{2}$  and the teaspoon and tablespoon measurement to your student. Show them what it looks like and have them measure the amount themselves.

Discuss the nutritional value that apples have (this is mentioned on the DVD, so what a great way to check for understanding!)

Have students write their own recipes and experiment by making them.

